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Presbyterian Church**

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Rancho Bernardo Community Presbyterian Church

Senior Moments



HOSPITALITY

SPECIAL EVENTS CHURCH NEWS RESALE SHOP RECREATION HELPING HANDS

VOLUME VI, ISSUE III Published Quarterly

Fall 2007

Seniors Remember:
Be transformed by the
renewing of your mind ...
Romans 12:2

Seniors, we love you!

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Letters to the editors and
Email addresses welcome

Seniors Pray

*Thank You, Father, for the gift of holiness.
We are not Yours because we are holy;
we are holy because we are Yours.
Now help us to live as holy people
Teach us to "purify ourselves from everything
that contaminates body and spirit,
perfecting holiness out of reverence for God."
May we bring glory, honor and praise
to Your name.
NIV Worship Bible, Page 1301
Maranatha Publishing/Zondervan*

A Message From The Editors

Senior Moments is a publication to all senior members of our RBCPC family of worshipers: Take a moment to consider the events and activities that are structured to provide services, enjoyments and growth to our seniors. RBCPC's membership goal has always been to serve the "whole" family - all genders and ages.

**HAVE YOU
TALKED
WITH GOD
TODAY?**

Investing in the Future

By Pastor Bruce Humphrey



In my recent readings I came across an interesting historical insight about how decisions intended to accomplish one thing can end up having unexpected impacts. The

author described the major shift in our society from the early twentieth century to the early twenty-first century when it comes to American teenaged life. My grandparents' generation was expected only to complete 8th grade. High school was nice, but not required. Rural lifestyles required most teenagers to start work. Getting married by the late teens or early twenties was normal. Compare that to this generation. We expect teenagers to stay in school through 12th grade and most attend college. Many now wait until their late twenties or even thirties before getting married and/or starting a career. How did this dramatic shift take place?

The intention of the mid-twentieth century was to create a better public education system across our nation. Most states began requiring teenagers

to remain in school through 12th grade. The intention was to have a better-educated populace. Sounds good. However, there were unexpected social impacts. For the first time, most of America's teenagers were spending the majority of their time with other teenagers at school instead of with their families. Instead of staying on the family farm or going to work, 16-year-olds hung out together in the school hallways. Peer influence on this age group took priority over family influence. Unfortunately, history reminds us that the tendencies of most 16-year-olds are not particularly healthy. Many parents felt confused since the peer pressures their teens were facing ("drugs, sex, rock and roll") was so different from their own experiences.

The modern church has a choice to make. We can sit back, complain, and wish for the "good old days." Or we can make a decision to get involved in the lives of the next generation. I am proud that our church is investing in the future. Our youth and college ministry are wonderful examples of sharing Christ with the next generation. Please keep those ministries in your prayers. It isn't easy being a young person in today's society.



Mary and Julius Ickler



Mary and Ike moved to Poway in 1967 after Ike retired from the Army. During their twenty years of Army life they moved nine times but since coming to Poway, they

have lived in the same house and belonged to the same church for forty years. They have three children and four grandchildren. Poway grandchildren, Kelly and Brian Ickler, are RBCPC Preschool graduates. Throughout the forty years, RBCPC has provided inspiring worship and continuing religious education as well as many enjoyable opportunities for service. Mary was one of the founders of the Reception Fellowship Committee. Later she was elected an elder and served as Clerk of Session and as a representative to Presbytery, where she served on the Committee on Ministry. At Woody Garvin's suggestion, Marge DeYoung, Dee Campbell, and Mary founded the church Thrift Shop. Mary is a member of the Flower Guild, purchasing and arranging flowers for worship services and special occasions. When Ike was first elected an elder and chaired the Christian Education Committee, there were only eight elders on the session. In a second term on the session, he served on the Stewardship Committee with Bob Kirkpatrick and Jack Shellabarger during the exciting time of the most recent expansion of our physical plant. While chairing the Personnel Committee during another term on the session, Les Armstrong and Terry Sherry were recruited and hired. Helping in the Chapel during the traditional service led to service as an usher captain and communion coordinator for the 11:30 service. RBCPC has also provided a wonderful social base. The Icklers have been blessed with many cherished friends, most of whom they have met and continue to meet at church.

Windjammers

All of us in Windjammers are excited about our upcoming programs for the coming year. We would like to invite you to join us for our Potluck Dinners and programs on the second Friday of each month. We meet in the Fellowship Center at 6:30 PM. We have punch and appetizers for about 20 minutes followed by our dinner and our program. Everyone is welcome: couples, singles and all ages.

October 12 Our speaker will be Sandor Shapery speaking on "The Future of High Speed Land Travel in California: Magnetic Levitation and Electro-Magnetic Technologies"

Mr. Shapery is an attorney and developer of the Emerald Plaza in downtown San Diego. Mr. Shapery is also active in the development of high speed ground transportation systems. As an advisor to SANDAG on transportation, he is well versed on the latest technologies and plans and will present the latest concepts and technologies that can be used to provide Southern California with modern efficient high speed land transportation systems.

November 9 The Rev. Thurman Coss is our guest speaker. Thurman always does such a good job of dressing up as someone in history who has had significant influence in our lives both spiritually and practically. Please come and see who Thurman will be and what important gems he will teach us.

December 14 Joyful Noise present one of their wonderful Christmas Programs. More details later.

For any questions or to make reservations please come to the Windjammer Table on the church courtyard on Sunday mornings or call Polly Purcifull at (858) 487-9002.



Helping Hands

Helping Hands can help you with electrical, carpentry, plumbing, computer, and other problems you might be having in your home. Call the church office (858) 487-0811 ext. 239.

Catch the Excitement!
Witness the Joy!
Shape the Vision!

By Pastor Ray Sparling

What do OWLS, Windjammers, Prime Time and Savvy Travelers all have in common? SNAP (SeNior Advisory Panel)! SNAP is moderated by Elder Peggy Stackle, convenes quarterly, consists of leaders from our senior ministries, and coordinates our collective events. As each ministry becomes more active, scheduling and support can become a challenge. Also, the experiences of one ministry can often enhance another ministry.

SNAP is also a place to try out new ideas such as what activities or ministries may be added to our schedule, or could some activities be combined? Is there a way to reduce costs or inexpensively broaden the range of alternative venues? I have

SNAP to it!

certainly enjoyed this new panel coming together and growing in spirit and enthusiasm. The atmosphere is cooperative and supportive.

I assumed when we started SNAP, there would be concerns about how SNAP would impact each ministry. Would SNAP take over control of each event? Would SNAP limit the number or type of events? Would SNAP oversee each ministry's budget? The answer in each case turned out to be "no" and a spirit of "how can we help each other?" prevails.

So what does this mean for our senior events as a whole? With your ideas and input and SNAP's plan to birth new programs, you will see new activities and ministries in the future. Please let us know your thoughts and ideas. We welcome your input.

Elders & Deacons

SESSION NEWS

As the Session works on the 2008 budget, it was noted that RBCPC has zero debt, the reserve fund is intact and the budget is committed to complete support of the mission program. The Porch Task Force continues to pray for God's guidance for the future of the land on Pomerado Road in Poway.

The Rev. Joe Farrell reported that hundreds of copies of *The Way of a Worshipper* had been distributed and some 50 members had signed up to join small study groups.

The Nominating Committee is exploring nominees for the class of 2008 as Elders and Deacons and asks for additional nominees.

DEACONS

The Deacons are in the process of revising their Vision and Values Statement. Many Deacons are volunteering to serve communion and they studied the work of the Bread of Life Ministry in order to continue their support. The Temporarily Ill and Bereaved Visitation Team has contacted between 15-22 individuals each month.

The Transportation Committee is asking riders to the Worship Services using the church bus to please call the Church office (487-0811) and connect with the Transportation Voice Mail presenting their requests. More volunteers are needed to assist with this program to "ride along".

SAN DIEGO PRESBYTERY

The Presbytery has called a new Executive Presbyter from the San Joaquin Valley. The new Presbyter is The Rev. Dr. Clark Cowden. The Rev. Ray Sparling and The Rev. Dr. Mofid Wasef were approved in their call to RBCPC as Associate Pastors.



HARVEST TIME

Decorative Gourds & Autumn Art

RBCPC Village Gallery September 8 – October 18

This current exhibit shows the work of several area professional gourd artists as well as the creative talents of our own RBCPC members and friends.

Several years ago, Dyan Mai Peterson, gourd artist/writer coined the term “gourdology” ...the study of the structure, function, growth, history, evolution, and distribution of the gourd.

The gourd is a member of the Cucurbitaceae Family which is extremely large with more than 100 genera and 1,000 species including pumpkins, squash, cucumbers, and melons.

Archaeological discoveries in such arid places as the Egyptian pyramids and ancient cave sites in the Andes Mountains provide proof that gourds have been used for millenniums as containers, musical instruments, masks and for medicinal purposes.

Ornamental gourds grow in a variety of sizes, shapes, and colors. They are a familiar reminder of autumn and a wonderful stimulus for artists’ creativity.

Some gourd artists become gardeners and grow their own art supplies, hand-training the gourd into various shapes as it develops on the vine.

On the wall of the Marvin Johnson Gourd Museum in Fuqua Varina, NC there is a sign that reads: “There is an old legend that claims-if you give or receive a gourd...with it goes all the best in life...health, happiness, and other good things”.

Please stroll through the Village Gallery and enjoy this outstanding installation of “Autumn Art”.

Upcoming Events:

The Pre-school Craft Fair – Oct. 19 & 20

Artists/Writers-A collaborative exhibit – Oct. 27 – Dec. 1



Prime Time Fall 2007

Thursdays, 10:30-12:30 a.m., Fellowship Center

Sept 27 Sandy Devito Trio Plus One

Well known guitarist playing music of the 40’s-50’s-60’s

Oct 4 Dr. Mark Strauss, Professor, Bethel Seminary

Previously conducted Dead Sea Scrolls class at RBCPC

Oct 11 Sam Johnson’s Jazz Quartet

Nostalgic music of the 60’s & 70’s. Bass, piano, and sax

Oct 18 Special Guest----to Be Announced

Oct 25 Morebello & Rodewald

Piano-four hands team. Juilliard School of Music

Nov 1 Ken Kramer-NBC -Channel 39

About San Diego- highlights of county’s history & people

Nov 8 Paul Greenwood-Deputy D.A.

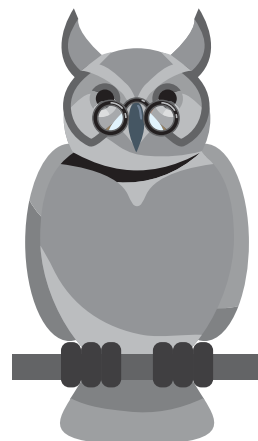
Entertaining & informative review of issues that are of interest to seniors

Nov 15 Jerry James And The Sound Investment Band

Back by popular demand-former Horace Heidt vocalist.

A full course lunch and entertainment - \$7.00 per person.

Full scholarships available. Sign up in the courtyard or call the office at (858) 487-0811for reservations



OWLS (Older, Wiser, Lively Saints)

The next gathering will be our Christmas program on December 13, 2007. Thanks to The Friends Of The OWLS. Your generous financial support made a dream become a reality in 2007

Slipped Discs

Contributions by Jack Mitchell

A successful lawyer parked his new Porsche Carrera GT in front of the office to show it off to his colleagues. As he got out, a truck came too close to the curb and completely tore off the driver’s door.

Fortunately, a cop in a police car saw the accident and pulled up behind the Porsche, his lights flashing. Before the cop had a chance to ask any questions, the lawyer started screaming hysterically about how his Porsche would never be the same, no matter how hard the body shop tried to make it new again.

After the lawyer finally wound down, the cop shook his head in disbelief. “I can’t believe how materialistic you are. “You’re so focused on possessions, you neglect the most important things in life.”

“How can you say that?” asked the lawyer.

The cop replied, “Don’t you even realize that your left arm is missing? It got ripped off when the truck hit you!!!”

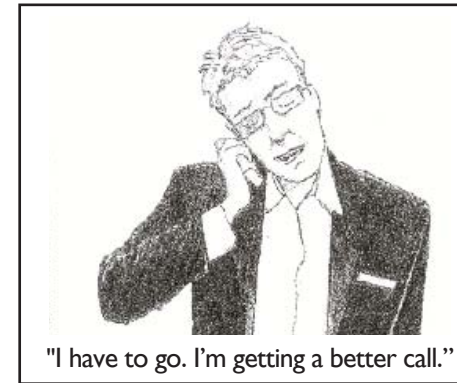
“Oh my,” screamed the lawyer, “my Rolex!”

After putting her grandchildren to bed, a grandmother changed into old slacks and a droopy blouse and proceeded to wash her hair. As she heard the children getting more and more rambunctious her patience grew thin. She threw a towel around her head and stormed into their room, putting them back to bed with stern warnings. As she left the room, she heard the three-year-old say with a trembling voice, “Who was that?”

A grandmother was telling her little granddaughter what her childhood was like: “We used to skate outside on a pond, swing from a tire hung from a tree in our front yard, ride our pony and pick wild raspberries.” The little girl was wide-eyed. At last she said, “I sure wish I’d gotten to know you sooner!”

A little girl was pounding away on her grandpa’s computer. She told him she was writing a story. “What’s about?” he asked. “I don’t know,” she said. “I can’t read.”

I didn’t know if my granddaughter had learned her colors, so I decided to test her. I pointed to something and ask what color it was. She would always answer correctly. It was fun for me, so I continued. At last she headed for the door and said, “Grandma, I think you should try to figure out some of these yourself!”



A mother and father had just given their teenage daughter a key to the family car. On Saturday night she went to a party and returned home late. The next morning her dad went out to get the newspaper and came back into the house frowning.

At noon, the girl sleepily walked into the kitchen, and her father asked, “Sweetheart, what time did you get in last night? “Not too late, Dad,” she nervously replied.

“Well, then,” her father said, “I’ll have to talk with the paperboy about putting my paper under the front tire of the car.”

A man walked into a religious gift shop and a display of caps with WWJD on them. He asked the clerk what they meant and she said “What Would Jesus Do?” The man thought a moment before replying, “Well, I don’t think Jesus would pay \$17.95 for one of these caps.”



Could you stop making that breathing sound?

The first day of college, the dean spoke the students about one of the rules: “The female dormitory is off limits to male students and the male dormitory is off limits to female students. Anybody caught breaking this rule will be fined \$20 the first time, \$60 the second time and \$180 the third time. Any questions?” One student raised his hand and asked, “How much for a season pass?”

FRANK WHO?!
A man walks to the street and manages to get a taxi just as it’s passing by. He gets into the taxi, and the cabbie says, “Wow, perfect timing. You’re just like Frank.”

Passenger: “Who?”
Cabbie: “Frank, the guy who did everything right like coming along when you needed a cab. Things like that always happened to Frank.”

Passenger: “That’s nice but there are always a few clouds over everybody.

Cabbie: “Not Frank, he was a terrific athlete who could have won the Grand-Slam at tennis and golf with the pros. He sang like an opera baritone, danced like a Broadway star and played the piano.”

Passenger: “He sounds really special”
Cabbie: “He knew all about wine, what foods to order and which fork to eat them with. He could fix anything and knew how to avoid traffic jams. I always get stuck in them.”

Passenger: “Well, there’s not many like him around.”

Cabbie: “And he knew how to treat a woman and make her feel good and never answered her back even if she was in the wrong; and his clothing was always immaculate, shoes highly polished too. The perfect man!”

Passenger: “An amazing fellow. How did you meet him?”

Cabbie: “I never actually met Frank.”

Passenger: “Then how do you know so much about him?”

Cabbie: “I married his widow.”



I’m sorry I haven’t been able to help you with your inferiority complex, Mr. Myers. You certainly helped me with mine.”