

Rancho Bernardo Community Presbyterian Church

# Senior Moments



## Mark Up YOUR BIBLE



Years ago I remember a television special about what the Bible has meant to Americans through the generations. Marked up Bibles were common in the nineteenth century. Families often inherited personal Bibles with all kinds of marks along the sides and underlined favorite portions. Prayers were written into the edges of Bibles and often dated. I had a copy of one of my grandmother's Bibles that had been handed down and was marked up like this. Then, about a hundred years ago something strange happened in America. People stopped marking up their Bibles. Instead of seeing the Bible as a tool for daily life, many church people treated the Bible as untouchable. Feeling

like the old King James language was confusing, Bibles were no longer read, but instead placed in a respected place on the bookshelf. Every home needed a Bible, but few actually read it. The simple truth is that not as many people actually read the Bible as a tool for real life.

This winter we will be inviting the entire congregation to consider going back to the "good old days" when people not only read their Bibles but marked them up for use in daily life. We will encourage the entire congregation to read the Bible all the way through in 2011. From the pulpit, I will preach a six-month sermon series highlighting the favorite passages of the Bible from Genesis through Revelation. In order to encourage reading and marking up the Bible, we will be giving away new Bibles each week to those who don't have a Bible or need one to mark up. The committee that oversees the art gallery will supplement this theme by featuring Bibles that show interesting history and character.

*Pastor Bruce Humphrey*

## Don't Burn Christmas Trees In Your Fireplace



That shouldn't be a difficult instruction to follow. Unfortunately, I had a good idea. And, by "good" I mean "really, really bad, but because I am a man, I assumed I knew better than my wife." I had chopped up my extremely dry Christmas tree and put it in several paper bags and created instant kindling kits. One day not long after Christmas I had friends over. Carolyn was upstairs. I got a kindling kit from the garage and put it in the fireplace. With a confidence born of ignorance, I lit one match, lit the paper bag and fell backwards as four foot high flames burst out of the fireplace and licked at the mantle. It was at this moment that I realized the flue was closed. Within seconds smoke filled the room, literally creating a dark sooty cloud two feet thick against the ceiling.

I immediately did two things. First, told my friends to open all doors and windows and begin fanning the smoke out of the house before it went up the stairs. Secondly, I reached into the flames and opened the hot, sooty flue by hand. I did not care if my arm burned (it didn't), only that Carolyn would not find out what I had done. I kept telling my friends to be quiet, to whisper. Of course, they were running around trying to keep my house from burning down. I only tried to keep my wife from coming down the stairs. She did of course. Its one more thing on her list of things she has forgiven me for.... At least, I think she has.

Pator Neal Nybo

## San Diego Mission Trip with the High School Ministry



The weekend before Thanksgiving, 59 people from RBCPC's High School Ministry went to San Diego's inner city to share the 'blessings' we have received through Christ. Thanksgiving is a season of joy where we visit people we love and sit around a warm fireplace after eating more than we ever should. For us this is a reality, but for many this is just a dream.

Luke 12:48b says "From everyone who has been given much, much will be demanded; and from the one who has been entrusted with much, much more will be asked." Through this mission event, our students and volunteers alike were not just able to meet the needs of San Diego's homeless, but also realize just how blessed we really are.

Our schedule was busy. We partnered with the Salvation Army, San Diego Rescue Mission, the Alliance for African Assistance with refugees from war torn nations and Mission Hills Convalescent Home where we visited with the sick and elderly and through food and blanket distributions.

I pray we can speak as the apostle Paul, "In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.'"

Please remember the needy in your prayers this Holiday Season.

Richard Klusmeier



## CALL FOR ENTRIES: “Bibles...Variety and Consistency”

We celebrate, honor, and cherish the written word of God. Bibles illuminate the power and commitment of our belief.

Since before, Gutenberg first printed the Bible, the range of translations and formats of the Holy Scriptures has been simply amazing. Yet the message and purpose have remained the same, to express God’s love for humanity and tell of His provision for our salvation in Jesus Christ.

In collaboration with Pastor Bruce’s Sermon Series, “Mark Up Your Bible”, The Arts Forum will present “Bibles...Variety and Consistency” for the first exhibit of 2011.

For this display we ask RBCPC members and friends to share their Bibles with us for a myriad of versions, unusual translations and family heirlooms.

Please bring one or two of your most interesting Bibles to the gallery, Saturday, January 8, 8:30 - 10:00 a.m. and please include a descriptive sentence or two regarding the history, meaning and significance of your personal entries.

Contact Sheldon Payne with any questions or comments, (760) 738-8985 or [sheldonpayne @att.net](mailto:sheldonpayne@att.net).



## Windjammers

Good news! Polly Purcifull is improving and looking forward to many great performers for Windjammers in 2011.

January brings Valerie Brown, informing us about the community service activities her organization, “RB United,” provides (as performed after the fire). In February, our own Lee Schworer, who is a docent on the U.S. Midway, will present the inside story on the carrier. In March, we hope to obtain a program with Bruno Leone, history professor and musician, speaking on Islam, and other topics. May brings Rich King, a member. with a photo journey of last summer’s choir tour through Northern Spain.

Windjammers meet the second Friday of each month, and all ages, members and non-members, are welcome. Our kitchen prepares the dinner, and the cost is \$7.50 per person.

Details regarding the program, and reservations, are included in the Church Bulletin.



## Prime Time

Kudos for your support and participation during the past season.

|                     |                   |
|---------------------|-------------------|
| AJ Fenalson         | Margaret Cauthen  |
| Angelica Quiroz     | Marge Saler       |
| Bruce Humphrey      | Marilyn Glover    |
| Bruce Mc Cullough   | Marion Kiefer     |
| Cheryl Magulac      | Marjorie Dellwo   |
| Doris Fortier       | Michelle Fortier  |
| Gene Pochel         | Mofid Wasef       |
| Gwen Maunder        | Ray Sparling      |
| Jenny Graff         | Reitta Stanley    |
| Kathy Marshall-Lund | Rochelle Castillo |
| Kitty Affleck       | Ryan Ross         |
| Lois Farley         | Virginia Brown    |

Double kudos to anyone who we ommitted.

*Prime Time Returns on Feburary 10, 2011*

[www.rbcpc.org/primetime](http://www.rbcpc.org/primetime)

# Slipped Discs

*Contributions by Jack Mitchell and Maurice Greiner*

## Observations on Growing Older

- Your kids are becoming you.. and you don't like them... but your grandchildren are perfect.
- You forget names...but it's okay because others forget they even knew you!
- You miss the days when everything worked with just an "ON" and "OFF" switch.
- Everybody whispers.
- When you needed discounts you paid full price. Now you get discounts on everything... movies, hotels, flights, but you're too tired to use them.
- Your spouse sleeps better on a lounge chair with the TV blaring than he does in bed. He likes to call it his "pre-sleep."

## Unlocked the Good Old Way

I recently saw a distraught young lady weeping beside her car. 'Do you need some help?' I asked. She replied, 'I knew I should have replaced the battery to this remote door unlocker. Now I can't get into my car. Do you think they (pointing at a distant convenience store) would have a battery to fit this?' 'Hmmm, I don't know. Do you have an alarm, too?' I asked. 'No, just this remote thingy,' she answered, handing it and the car keys to me.

As I took the key and manually unlocked the door, I replied, 'Why don't you drive over there and check about the batteries.'

**A-A-R-P! I wanna join the A-A-R-P!**



## *The Retirement Village People*

### The Right Medicine

A mother calls 911 very worried asking the dispatcher if she needs to take her kid to the emergency room. The mother went on to explain that her kid had eaten a bunch of ants.

The dispatcher relaxed knowing this would not be a hard call. 'Give your kid some Benadryl and they should be fine. Ants are really not that bad.'

The mother replies, 'I am not worried about the ants I gave my son some ant killer....'

Dispatcher: 'Rush him in to EMERGENCY ROOM!'



### The ABC's of Healthy Living

- Act assertively
- Be brave
- Clear out clutter
- Delight in daisies
- Explore everything
- Feed friendships
- Grow gracefully
- Harvest happiness
- Invest in ice cream
- Jump for joy
- Keep kissing
- Laugh lots
- Make miracles
- Nurture nature
- Opt for optimism
- Praise people
- Quit quibbling
- Relax regularly
- Seek simplicity
- Take time
- Use an umbrella
- Value veggies
- Welcome wisdom
- Xceed Xpectations
- Yell yes
- ZZzzzzz's (Get plenty of them!)

## Meet Our Custodial Supervisor Gabriela “Gabby” Martin



Gabriela Martin became an orphan at the age of 4! A relative took her and her sisters to La Casa de la Esperanza, an orphanage in Tijuana, supported by RBCPC. She came to the U.S. in 1993 and finished high school where she graduated with honors. She received her visa on June 11, 2010. For four years she attended a Hispanic seminar, a part of Golden Gates for Christian Ministries. Gabriela invested her youth serving the Lord. Where along with six friends, they co-founded an evangelical ministry. They planned a variety of events; concerts, sports competitions and camps where Christian

Youth could worship God regardless of their denomination. Participating in this ministry brought Gabby a marvelous reward - many participants gave their lives to Christ.

Gabriela's first job with Scott's Gourmet Sandwiches, a San Diego catering company, found her washing dishes and walking downtown deliveries. After four years she became the manager. In 2007 Organic To Go bought out her company and she continued as a District Manager in charge of eight locations.

Her hobby was wedding planning for friends and dreamed of her own wedding. She was introduced to Adam Martin, fell in love, and on the happiest day of her life December 11, 2004, was married. Adam has been a blessing and they own the cutest dog around, Pepe, a Chihuahua.

Gabriela wants to express her gratitude to everyone at RBCPC for the warmest welcome they have all shown to her. Gabby gives the credit to God for the opportunity to serve at RBCPC.

### Join The Savvy Travelers' Planning Team

Do you like to travel? Does being part of a team planning and implementing trips for seniors and other adults sound interesting? If so, RBCPC's Savvy Travelers mission group invites you to join our Board. The 20+ members of the Board develop monthly day trips and also get involved in planning more extensive church-related trips such as to the Holy Land.

We meet on the second Thursday of each month at 1:00 p.m. in the church Library. If you would be interested in joining the team, please talk to any of us Sunday on the Courtyard, or call (858) 487-0811, ext. 300. Our email address is [savvytravelers@rbpc.org](mailto:savvytravelers@rbpc.org).

[www.rbpc.org/savvy-travelers](http://www.rbpc.org/savvy-travelers)

### *Christmas Eve Services*

*December 24*

*1:00 p.m. & 3:00 p.m.*

**Children & Family:** Live Animals

*5:00 p.m.*

**Contemporary:** Choir, Brass & Organ

*5:00 p.m.*

**Catalyst Christmas:** Interactive Worship

*7:00 p.m. & 9:00 p.m.*

**Traditional:** Chancel Choir & Orchestra

*10:30 p.m.*

**Candlelight Communion**

*Childcare available at 5:00 & 7:00*

[www.rbpc.org/christmas-eve](http://www.rbpc.org/christmas-eve)

**Rancho Bernardo Community  
Presbyterian Church**

17010 Pomerado Road  
San Diego, CA 92128

Phone: 858 487-0811  
FAX: 858 487-8203  
Email: info@rbpc.org

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Seniors Remember:

*"... To name Him Jesus,  
for He will save His people  
from their sins."*

*NRSV Matt. 1:22*

*Seniors we love you!*

Editors: Bill Stanley, Lois Farley  
Editor Emeritus: Woody Beard  
Data Processing: Barbara Estep

Letters to the editors and  
Email addresses welcome

**HAVE YOU**  
**TALKED**  
**WITH GOD**  
**TODAY?**

**SENIORS PRAY**

*"My God, I give You this day,  
I offer You now,  
all of the good that I shall do  
and I promise to accept,  
for love of You,  
all of the difficulty that I shall meet.  
Help me to conduct myself  
during this day  
in a manner pleasing to You.  
Amen*

*St. Francis De Sales*

**A Message From The Editors**

Senior Moments is a publication to all senior members of our RBCPC family of worshipers: Take a moment to consider the events and activities that are structured to provide services, enjoyments and growth to our seniors. RBCPC's membership goal has always been to serve the "whole" family - all genders and ages.