

July / Aug 2010

PROGRAMS

RBCPC



Bible Study and Adult Discipleship

Practicing the Spiritual Apps

Pastor Bruce will lead us in an 8-week series through “spiritual apps” (aka: spiritual disciplines) for a transformed life. This summer series is designed to be highly accessible and mobile – take it with you! All you need is the book and your iphone/blackberry/ipad, and you will be able to stay connected to the series while on vacation. [You are invited to discuss and practice the Spiritual “Apps” \(aka disciplines\) from Pastor Bruce’s sermons this summer. Please come and join us when you can!](#)
Contact: Kathy Johnson (858) 675-9557.

Wednesdays July 14 – Sept 1

7:00 – 8:30 p.m.

Library

RBCPC Faith Partners

Growing deeper in faith and friendship, a resource for personal discipleship. What is a Faith Partner? A person you invite into your life, your story, and the things you hold most dear – learning from each other’s perspective on faith and life. Ask a friend, a co-worker, someone from your small group or Bible study! Resources found at: www.rbcpc.org/faith-partners. Suggested scripture studies and book resources will be updated monthly and posted on the website. Hard copies available upon request. These resources are just suggested – feel free to create your own journey – the greatest value is in the ‘partner!’ Contacts: Scott Schimmel: scott.schimmel@gmail.com, Carrie Schimmel: carrie.schimmel@gmail.com, or Rochelle Castillo: rochelle@rbcpc.org.

Faith@Work

Join us as we seek to integrate faith into decisions made in the workplace. Meet other Christians in business, and inspire each other to become intentional spiritual leaders. Contact: Scott Schimmel: schimmel.scott@gmail.com for upcoming schedule.

The Bible Discovery Class

This class is open to anyone interested in an in-depth study of the books of the Bible in chronological order. Our study continues with the Old Testament study of David. Slides, maps, and discussions of the historical context are used to amplify the scriptures. Newcomers are welcome! Instructor: Kay Phillips.

Sundays ongoing

8:30a.m. – 9:30a.m.

Room 50

Sundays ongoing

9:50a.m. – 10:50a.m.

Room 50

Community Bible Study (CBS) for Men—Monday evenings

An interdenominational Bible study for men of all backgrounds and with all levels of Bible knowledge. Series resumes in September. Please check our website, www.rbcpc.org for updated information. Contact: Mike Snodgrass, (858) 486-1180, email mjsnodgrass@sbcglobal.net.

Community Bible Study (CBS) for Women—Monday evenings

An interdenominational Bible study for women. Series resumes in September. Please check our website, www.rbcpc.org for updated information. Contact: Darlynn Barrie, email rbarrie1@cox.net.

Community Bible Study (CBS) for Women—Thursday morning

Come find answers and fellowship! An excellent children's Bible Study program is provided for ages 2-5, and Nursery care is available for infants/toddlers. Series resumes in September. Please check our website, www.rbcpc.org for updated information. Contact: Maddy Grauman, (760) 738-5122, or use mail-in enrollment form found in office.

Renovation of the Heart

Join us in studying Dallas Willard's, "Renovation of the Heart." It is a book that has helped many learn about the centrality of spiritual formation for the disciple of Jesus. Willard attempts to identify the various components of our inner life in order that the disciple might more fully surrender to Christ. The class format will place an emphasis on smaller discussion groups. To register, go to <http://thehsus.com/roth/>.

Every other Wed.

6:30p.m. – 8:00p.m.

Lower Fireside

Windjammers

With Christ as our Pilot, the Bible our compass and the church our anchor, we are a fellowship group for both couples and singles. Our ministry also includes fundraising and outreach projects. Contact: Polly Purcifull, (858) 487-9002, pwpurcifull@aol.com.

2nd Friday of the Month

6:30 p.m.

Fellowship Center

OWLS

Older, Wiser, Lively Saints--Join us this summer in the Fellowship Center as the Senior Ministry presents the Donnie Finnell Trio August 19. Contact Bill Stanley, (858) 716-1348, email bjayhawks@san.rr.com for details.

Crossroads Class for New Members

For individuals considering membership or desiring to "refresh" what it means to be a part of the RBCPC family of faith. During the six-week series you will have an opportunity to: meet pastors, staff, and ministry leaders; learn about different aspects of our church such as Missions and Small Groups; meet other new members; and share in the vision of how we join in ministry with Jesus. Crossroads is offered three times a year: Winter, Spring and Fall. Please check the website to pre-register for the upcoming fall class <http://www.rbcpc.org/about-us/membership/>. Coordinator: Rochelle Castillo, rcastillo@rbcpc.org, (858) 487-0811, ext. 213 or Sheryll Marsh, ext. 283.

Wednesdays 9/29-11/3

6:45 p.m. – 8:15 p.m.

Room 260

Sojourn at Mount Sinai

"Sojourn at Mount Sinai- The Ten Commandments "

In the Sermon on the Mount, Jesus said He came 'not to change the Law, but to fulfill it'. What was that Law and how did it come to be? This class will look at the first revelation of the 'Judeo-Christian ethic' on Mount Sinai and its relevance to the advent of Christian 'fulfillment', then and now. A lively discussion of the Five Books of Moses- not the boring parts! Class runs through August 1, no holidays. Led by Abbe Willner, abbewillner@hotmail.com.

Sundays

10:00 – 11:00a.m.

Room 254 & 255

Grace Bible Study

We will be doing a book study of "Bad Girls of the Bible" by Liz Curtis Higgs. If you will be joining us, please buy your copy of the book from Amazon.com. Also, participants need to be on the group's email list for schedule updates. Schedule varies, call first.

Study Leader: Cec Chafin. Contact: Deb Bleile (858) 676-0202.

Serendipity

A Bible study class for women of all ages and backgrounds that features music, sharing and inspiration followed by small group discussions. Series resumes in September. Please check our website, www.rbcpc.org for updated information. Contact: Linda Allen (858) 487-1667, email lindainpoway@yahoo.com.

Women's Christian Book Club

Ongoing discussions of Christian literature. See weekly Sunday bulletin for this month's date and time. No RSVP required. Contact: Ellen Norton, (858) 883-2460, ellen.norton10@yahoo.com. Meets in Church Library.

Men's Thursday Morning Fellowship

Here we will study a range of topics using assorted media to facilitate the program. Donations are appreciated to cover the cost of materials. Current topic: The Life You Always Wanted. Join us as we learn about the transformational power of the Spiritual Disciplines through John Ortberg's book and video, "The Life You've Always Wanted". Come join us to seek God's next great adventure in life, warm to a new relationship with Jesus and men just like you. www.rbcpc.org/mens-ministries/. For further information about this six-week study contact Tom Hurn, hurntg@cox.net or 858-486-4351.

Thursdays

6:00 – 7:30a.m.

Fellowship Center

Walk as Jesus Walked

A study of Biblical lands, related scriptures and challenges face by people of God, both then and now, to follow in Jesus' path. Format includes video, text, and discussion. Contact Tom and Dee Crimmel, 858-451-6630.

Sundays

11:30a.m.-1:00p.m.

Room 231

Prayer Opportunities

Healing Prayer Service

RBCPC's Prayer Ministry invites you to a Healing Prayer Service to be held in the Chapel on Sunday, July 25, at 6 pm. Everyone is welcome. Pastor Bruce and our Prayer Teams will be available for personal prayer. Please invite family and friends who are in need of God's healing touch for physical or emotional healing. Please contact Kathy Johnson with any questions kjohnson011@san.rr.com.

Soaking in God's Presence

Soak in God's presence is a time we set aside to quiet ourselves and devote our attention to God, to listen to his voice, and receive from him. Worship music is played and Scripture is read as prayer ministers circulate and pray for those present. Facilitator: Mary Jo Coffee @ mjcoffeerb@yahoo.com. Ongoing, 2nd Saturday 7:15p.m. Room 50

Prayer Meetings

Please join the Prayer team for any of the following:

1. Wednesdays, 8:30 – 9:30 a.m., led by Prayer Team Library
2. Saturdays, 5:30 – 5:45 p.m., led by Marty Klusmeier Library
3. Sundays, 7:30 – 8:15 a.m., led by Prayer Team Chapel

Women's Cancer Prayer Group

Any woman with cancer or recovering from cancer is invited to join our group at any time. We share our hopes and fears and uplift each other in prayer! Facilitator: Susie Hovey, (858) 486-3380, mshovey@cox.net.

1st and 3rd Fridays

9:00 – 10:30a.m.

Room 220

Personal Development & Outreach

Fitness Ministry

This one-hour class will engage your mind, body and spirit. Please bring your own yoga mat or towel. Childcare is available. Instructor: Carolyn Burdette, certified fitness instructor. Our instructor will offer a different class focus for each session. Currently on break for the Summer. Classes resume Monday, September 13, 2010.

Praise Pilates

Mondays

9:00 – 10:00a.m.

Fellowship Center

Yoga for Yahweh

Fridays,

9:00 – 10:00a.m.

Fellowship Center

Knit Pickers

Learn to knit in a fun, relaxed atmosphere while participating in an important outreach project for the larger community. All skill levels welcome. Email for current meeting location to wildroseterrace@yahoo.com. Instructor: Peg Williams.

Tuesdays

6:30 – 8:00p.m.

Location TBA

Quilting Basics and Tied in Prayer Ministry

Learn quilting basics and enjoy fellowship with others at the same time. This class builds your skills by teaching different techniques and providing hands-on demonstrations each week. All skill levels welcome. Note summer schedule times. Instructor: Kathy Wesley @ katknits@cox.net.

2nd and 4th Fridays

9:00a.m. – 12:00p.m.

Room 222 & 224

Family

MOPS (Mothers of Preschoolers)

Join us two days a month for the 2010 -2011 school year. Registration is required. Contact: Leslie Bell or Melissa Van Dyken for further information. Classes will resume in September, 2010.

Wednesdays

9:00 – 11:15a.m.

Fellowship Center

MOMSNext

Looking to connect with other Moms of elementary aged kids? MOMSnext is a ministry of MOPS international, providing an open, accepting place for all mothers of school-aged kids to come, just as they are, to experience authentic community, personal growth, practical help and spiritual help. Contact Sheri Woodley at 487-0811 (ext 219).

Moms Book Study

Join other moms in reading through a great book with thoughtful discussions: Raising Self Reliant Children in a Self-Indulgent World. RSVP to NikkibChung@gmail.com.

Tuesdays

8:45 - 9:45a.m.

Room 50

Moms in Touch Prayer Group

Question: Do you ever feel like raising your kids well is out of your control? Answer: Join other moms and pray for them together. For information email Carrie.Schimmel@gmail.com.

Mondays

8:45 - 9:45a.m.

Room 50

Family Service Projects

Come serve the community *with* your kids!

Park Cleanup and Picnic

July 10, 10 a.m.-12p.m.

Beach Cleanup and BBQ

August 7, 10 a.m – 12p.m.

Hygiene Kits for Homeless

Sept. 11, 10 a.m. – 12p.m.

Halloween Art Project for
Children's Hospital

October 2, 10 a.m. – 12p.m.

For further information please go to <http://www.rbcpc.org/mediafiles/youngfamiliesjune-2010.pdf>.

Date Nights

Time alone with your spouse! Refocus and strengthen your marriage. Join us for appetizers, dessert, and beverages in the RBCPC Fellowship Center. Childcare is included for this event. Contact Scott Schimmel for information at scott_schimmel@ivstaff.org

Back-to-School Breakfasts

Join us on the RBCPC Courtyard on the morning of your child's first day of preschool. Meet other parents and help plan events. Hear about how your child is doing the first day. More information to come.

Summer Play dates

Bring your kids and a lunch to the RBCPC playground! No reservations necessary, just show up.
July 7 & 21, August 4 & 18

Healing

CPR Certification Class

This class teaches basic life-saving techniques including how to relieve an obstructed airway for both adults and infants. Instruction on the use of our AED (automatic external defibrillator) is included. Upon completing this certification class and passing a skills test, participants will receive a certification card from the American Heart Association. Class is taught by accredited AHA instructors.

Pre-registration is required. Cost: \$25. Contact Parish Nurses, (858) 487-0811, ext. 272 or parishnurse@roadrunner.com.

Saturday, September 18

9:00a.m. - 1:30 p.m.

Room 221 & 223

Divorce Care

If you are going through a separation or divorce, you will receive important information as well as be nurtured and supported through this difficult time. This group takes a practical and spiritual approach in through this painful transition. You'll learn how to deal with the pain of the past and look forward to rebuilding your life. Contact Coreen Gardella, 858-342-2758 or cgardella@san.rr.com.

Grief Recovery Support Group

An ongoing grief support group that understands the pain involved in the loss of someone close. Although it may be difficult for you to feel optimistic about the future, there is no need for you to grieve alone. \$15 materials fee. Facilitator: Karen Bassett, (760) 743-2056, email rickenbassett@cox.net or Sally Welty, (858)485-1859.

2nd and 4th Sundays

4:00 - 5:00p.m.

Library

NAMI Family-to-Family

The NAMI (National Alliance for the Mentally Ill) Family-to-Family Education Program is a 12 week course for families and friends of individuals with a severe brain disorder (mental illness). The curriculum focuses on the illnesses of schizophrenia, bipolar disorder (manic depression), clinical depression, panic disorder, and obsessive-compulsive disorder (OCD). Course topics include: the biology of the brain; brain research; clinical treatment of these major illnesses; problem solving; coping and communication skills; and rehabilitation services. Pre-registration required.

Facilitator: Ellie Taylor, (858)485-0703, etaylor2@san.rr.com.

Wednesdays

7:00 – 9:30p.m.

Library

NAMI Support Group

This ongoing support group is a safe place to share helpful information, gain knowledge of community support systems, and share methods of dealing with issues and concerns encountered with loved ones with a brain disorder.

Facilitator: Ellie Taylor, (858)485-0703, etaylor2@san.rr.com.

3rd Tuesdays

7:00 – 8:30p.m.

Room 231

Compulsive Eaters Anonymous (CEA)

If you are tired of the hold that food has on you, or tired of feeling out of control, come to CEA and start feeling better! Membership is anonymous and the results are life-changing.

Thursdays

7:00 – 9:00pm

Room 221

Stephen Ministry Training

A Stephen Minister is an individual who has the gift of compassion and is willing to develop the skill sets to become competent in care giving in a one on one relationship with a hurting individual. It is Christ-centered, confidential support for our church and community. We minister to those experiencing different types of grief, depression, anxiety, family issues and various crises of life. You will receive 50 hours of professional training and the materials to become an effective Stephen Minister. Pre-registration required. Please call Dee Crimmel, Stephen Ministry, at (858) 487-0811, ext. 260 to schedule an interview. Training begins every September.

Instructors: Drs. Bob and Jeanette Lauer and Dee Crimmel.

Wednesday Night Suppers

Come join us for fun and fellowship on Wednesday evenings, for a buffet-style supper. Take advantage of a mid-week cooking break and enjoy delicious food and great fellowship. The cost is \$7.50 for adults, \$5.00 for ages 6-15, \$2.00 for ages 4-5, free for ages 3 and under, or \$20.00 per family.

Wednesdays, resuming September 15, 2010

Small Groups

At RBCPC, we believe that participation in the small group experience is the main vehicle for transformation. The Small Group Ministry team's intention is that all will have this opportunity. We are dedicated to assisting individuals as well as small groups in working toward this goal.

On Campus groups:

Wednesday mornings with Pastor Ray	10:00 –11:00 a.m.	Upper Fireside
Gardening Small Group, 2nd & 4th Tuesdays	7:00 - 8:30 p.m.	Library
Pineview, Wednesdays	7:00 - 8:15 p.m.	Pineview
Practicing the Spiritual Apps, Wednesdays	7:00 – 8:30 p.m.	Library

For more information or to make a connection with these or other small groups, call Rochelle at 487-0811 (ext. 213) or Sheryll (ext. 283).